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Vancouver metro

Your essential daily news | WEEKEND, JUNE 10-12, 2016 High 16°C/Low 12°C Sun and cloud

GETTING TO THE BOTTOM OF SINKHOLES
Science Says

Sexual violence in Clark's past

SPEAKING OUT

Silence about experience as a teen led to her support for bill

Matt Kieltyka
Metro | Vancouver

Premier Christy Clark has revealed she was sexually assaulted as a teenager.

In a Vancouver Sun op-ed published Thursday, Clark outlined the reasons her government supported a bill by Green Party MLA Andrew Weaver requiring post-secondary intuitions to establish and implement sexual-misconduct policies.

Clark said her own personal experience shaped her decision to support the bill and is now talking about it for the first time.

"As I sat in my chair on the floor of the legislature, it struck me: I knew all too well why women stay silent. For over 35 years, I've been one of them," Clark wrote.

Clark said she was 13 and on her way to a restaurant job in Burnaby when the assault took place.

"It was a sunny day, and I was walking to work at my first job. A man suddenly jumped out, grabbed me and pulled me out of sight into a deep copse of shrubs," Clark wrote.

> Our silence makes it easier for those who wish to harm us. We don't share our stories ... then we live with the warped impression that we are alone in our fear and shame. Christy Clark

THE CANADIAN PRESS

"He didn't say anything. I don't even remember what he looked like. I remember wondering where he had come from and why I hadn't seen him. And I remember being very scared. Luckily, it didn't last long.

"When he pulled me down the little slope, it must have shifted him off balance. He loosened his grip for a moment, giving me a chance to wriggle away, clamber a few feet forward and get out of the bush.

"Once I got out into the sunlight, I ran like the wind."

Clark said she has never told anyone about the assault until recently because she was ashamed and didn't want to make people uncomfortable.

"I suppose I felt that if I hadn't been physically hurt, people would think I was self-absorbed, overly upset about something that was just part of life for my half of humanity," she wrote. "Over the last few weeks, I've shared this story with female friends and colleagues. Almost every single one of them also had a story. Like me, none of them had said a word."

She hopes Weaver's bill will help other victims report their assaults to authorities and get the support they need.

"Sexual violence is common. Unfortunately, so is staying silent about it. Our silence makes it easier for those who wish to harm us. We don't share our stories, we don't think anyone would care much if we did, and then we live with the warped impression that we are alone in our fear and shame," she wrote. "I'm not speaking out for sympathy; I don't need it. I am speaking out because as premier of British Columbia and B.C.'s first elected female premier, I am privileged to have a public platform. I want women who have never said anything about sexual violence in their lives to know they are not alone."

The premier's office provided Metro with a copy of her op-ed but said she was not available for comment.

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South African firefighters battling wildfire in Fort McMurray strike over low pay. **Canada**

PNE making move to cut its waste, lessen eco-footprint

PACIFIC NATIONAL EXHIBITION

Event aims to slash trash by 75 per cent in four years

David P. Ball
Metro | Vancouver

Eating too many mini-doughnuts before a roller-coaster ride isn't the only thing that will turn you green at the Pacific National Exhibition this summer.

The PNE is ramping up its environmental efforts this year with a pilot project to cut landfill waste by five per cent over two of the fair's busiest weeks. But its target is more ambitious: slashing waste by 75 per cent in four years.

But except for a plethora of waste diversion stations throughout the park, most visitors probably won't notice much of a change — but behind the scenes, sustainability "has kind of taken over," said the exhibition's corporate partnerships director Karen Massicotte. "You see a little bit of it everywhere."

Over the last three years, the facility has undertaken "a whole sustainability overview of what the PNE could do with its overall impact on our footprint," with the help of Vancity Credit Union, she said.

"Zero waste is one of the biggest ones we've been focusing on," she said. "That is one of the biggest impacts we can contribute to.

"And in all our buildings, as we need to replace, renew or fix things, we're looking for energy and sustainable ways of doing it."

Karen Massicotte, director of corporate partnerships at the PNE, stands near the West Coast Wheel at Playland. As lights need replacing on the rides and attractions on site, they're being replaced with low-energy LEDs. JENNIFER GAUTHIER/METRO

> **Zero waste is one of the biggest (things) we've been focusing on.**
> Karen Massicotte

One example of that is the ice rink's aging coolant system, which last year the PNE replaced with REALice, which cuts energy use dramatically by using cold water, not hot water as normally required.

As lights need replacing on the rides and attractions on site, they're being replaced with low-energy LEDs. And a food-growing garden plot is now able to feed more produce than ever into the operation's catering services.

Food trucks on site have also been asked to use only recyclable packaging, and are required to list other environmental efforts in their applications this year.

"Those goals are top and forefront in everything we're doing," Massicotte said. "We're using it as a best practice opportunity, to share with the community what we learned last year."

As for whether Playland thrill-seekers will be able to scream through their favourite high-speed rides fuelled by waste oil from the doughnut deep-fryers, Massicotte laughed.

"We're trying to take more of a total approach," she said, "to cover all the things we can do and do them really well."

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B.C. Premier Christy Clark has drawn praise for her courage. DARRYL DYCK/THE CANADIAN PRESS

Clark's story makes impact

POLITICS

Premier shares personal tale of abuse as a young teen

Matt Kieltyka
Metro | Vancouver

Premier Christy Clark has shared her story of surviving sexual assault in her youth — and that could have a big impact on public debate around the issue, advocates say.

Leah Horlick, co-ordinator of Simon Fraser University's Women's Centre, said it was heartening to read Clark's Vancouver Sun op-ed Thursday outlining an attack she endured as a 13-year-old in Burnaby and her support for other survivors.

"I want women who have never said anything about sexual violence in their lives to know they are not alone," Clark wrote. "Let's build a community where women and men who have dealt with sexual violence can feel safe and comfortable talking about it."

Horlick acknowledged the bravery it took Clark to go public with her story.

"It was powerful," Horlick said. "I think it is so important for people, especially women in politics and in positions of privilege, to be talking about these issues and sharing their own stories. She has something in common with some of the most marginalized women in society."

Clark's personal experience influenced her support for a private member's bill by Green Party MLA Andrew Weaver that would require post-secondary intuitions to establish and implement sexual misconduct policies.

Horlick is curious whether her decision to speak publicly about the incident will come with added responsibilities, such as increased funding for women's programming and support services, given her position as premier.

Women Against Violence Against Women Rape Crisis Centre's executive director, Irene Tsepnopoulos-Elhaimer, said sexual assault services have been "chronically underfunded" by the provincial government to date.

> **This is difficult and personal and she found her voice now to speak out.**
> Mary Ellen Turpel-Lafond

"We hope the premier's powerful and moving statement today can result in concrete action and investment in the services all women need and deserve," she said.

Weaver, who called Clark's letter "courageous" and commended her for going public, also wants to see more support for services.

"It gives us a little insight into why she stood and supported this bill with little hesitation," said Weaver. "This is a pervasive issue not only at post-secondary campuses but throughout society as a whole. I think it signals the premier might be open to further support beyond this bill. She might be more open to listening to other calls for help."

Clark's op-ed also drew support from B.C.'s independent children's representative Mary Ellen Turpel-Lafond.

"I am extremely proud of the premier for acknowledging in public her own experience," she said. "This is difficult and personal and she found her voice now to speak out. This tells me that even in high office there's pressure to keep quiet, forget or just frankly pretend all is fine, when it's not."

Turpel-Lafond said her work with B.C.'s vulnerable children reveals children and families require strong supports, safety and police protection. She said this year's byelection of New Democrat Melanie Mark, who has spoken publicly of the abuse she has suffered, opened public channels about such issues across the province.

New Democrat Kathy Corrigan recounted a terrifying abuse incident in her teenage years during debate of the government's sexual violence law.

— WITH FILES FROM THE CANADIAN PRESS

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STATISTICS

Soon more deaths by drugs than by vehicle

British Columbia's chief coroner said illicit drug overdoses have become the leading cause of unnatural death in the province, outpacing fatalities from vehicle crashes.

A new report from the BC Coroner Service identifies 308 illicit drug overdose deaths from January through May of this year, compared with 176 deaths in the same period last year.

Chief Coroner Lisa Lapointe said that overdose deaths could amount to 750 people by the end of 2016 if the trend continues. In comparison, there were 300 fatalities from motor vehicle incidents in the province in 2015.

Health Minister Terry Lake said the government is looking for solutions to stop the soaring number of overdose deaths, including adding more safe-consumption sites, similar to the safe-injection facility in Vancouver's Downtown Eastside.

Lake said he wants the federal government to reconsider laws that restrict the opening of such facilities in order to allow health authorities to create more of these services.

"We have seen the evidence. We know that we can reduce overdose deaths, we can reduce other related harms, reduce hospitalizations and connect people to services once they're ready to accept that help."

The minister said Vancouver Coastal Health is planning to open five safe-consumption sites, and health authorities across the province are looking at similar options.

The province's public health officer declared a state of emergency in April because of the rising numbers of drug-related deaths.

The report said the number of overdose deaths in May was down slightly from the peak in January, but Lake said it's too early to determine if that will continue. THE CANADIAN PRESS

One of the maker-participants in the Vancouver Mini Maker Faire is Russell Kramer, shown here in a photo from the 2014 event. CONTRIBUTED/EMILY SMITH

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Inventors, share your madness

TECHNOLOGY

Mini Maker Faire fetes do-it-yourself interactivity

David Ball
Metro | Vancouver

Robots, stilt-walkers, air rockets, a textile village, 3D printers, a Lego playground, liquid nitrogen gelato will take over the PNE Forum this weekend.

No, it's not the Island of Misfit Toys. It's Vancouver's sixth Mini Maker Faire, a festival celebrating the do-it-yourself spirit.

John Biehler remembers the awe he felt attending his first Mini Maker Faire in Vancouver four years ago. The international DIY phenomenon, he said, was like a "giant show-and-tell."

"It was very inspirational," the 3D printing consultant said. "I'd found this nexus of creativity with so many different, creative ideas — stuff I'd never thought you could do."

With tens of thousands flocking to the largest Maker Faires, in New York and San Francisco, the smaller Vancouver iteration is being held this weekend at the PNE Forum.

Vancouver's may not yet be at the size of its American counterparts, but this year it's grown from 110 exhibits to more than 150, Biehler said.

"It's looking like our biggest yet," he said. With hands-on activities and interactive exhibits for children and adults, the two-day event is a chance to "see inside creative minds," he added, but more importantly, organizers hope attendees realize that "everybody is a maker — they make something. What you make or are passionate about is worth sharing with other people."

Vancouver Mini Maker Faire will be held Saturday and Sunday, 10 a.m. to 6 p.m. at the PNE Forum. Tickets are $15 for adults; $12 for youth, students and seniors. Kids under five are free. More info at makerfaire.ca.

IN BRIEF

Prices rise too fast: Bank of Canada governor

Bank of Canada governor Stephen Poloz is warning that surging real estate prices in Vancouver are unsustainable and have outpaced local economic fundamentals.

The central bank says house price growth in the greater Vancouver area hit 30 per cent last month.

THE CANADIAN PRESS

B.C. nurses to update rules on assisted dying

The College of Registered Nurses of B.C. says new guidelines from prosecutors regarding nurses' involvement in assisted dying have prompted it to revise its directive to members.

The college plans on posting its standards, limits and conditions for RNs for assisted dying by Friday.

THE CANADIAN PRESS

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Owner's plea: Give back golden eagle

CRIME

Statue worth millions was to raise money for cancer

The owner of a golden eagle statue worth millions of dollars is offering a $10,000 reward for its return after a violent robbery last month in suburban Vancouver.

Ron Shore made an emotional plea Thursday for the return of gold and jewel-encrusted statue.

"To say that I've put my heart, my soul and my passion into creating this one-of-a-kind eagle is really an understatement," he said. "It is my life's work and when it was taken from me, the potential of achieving my vision to raise money for breast cancer research was stolen from me."

He said over a short period he lost several family members to cancer: his brother, mother and sister-in-law, who gave birth and died two days later.

About two years ago, he was invited to be a part of the $260-million Marcial de Gomar gem collection because of his passion for cancer research fundraising, he said. Shore said 40 craftsmen spent 4,000 hours creating the diamond-studded eagle, which sits on a base with a nearly 13-carat emerald. It was recently valued at $7 million, he said.

The stolen statue. CONTRIBUTED

He had shown the statue at a Vancouver art exhibition earlier on May 29, the day it was stolen, with the hope of finding a buyer. As he was walking to his car in Ladner at 10 p.m. that night, he said two men ambushed him.

Shore said one man hit him over the head with what appeared to be a large flashlight. "There was a great deal of blood coming out of my head," he said. "I suffered a concussion and still suffer from being very dizzy and wobbly on my feet."

Shore said the man stole two bags from him, one containing the statue and another containing a "decoy" statue.

"I chased him, I ran him down, I put my hand in the (vehicle) door and the door was slammed on my hand. I reached in through the open window and tried to grab him."

He said the man rolled up the window and began to drive off, dragging him for about 200 metres. Shore, a retired navy officer, said he could borrow only $10,000 for a reward because he went into debt and mortgaged his house to create the eagle.

"My entire effort is and always will be to recover the eagle safely, and I'm really not interested in the insurance money because it doesn't cover what I put into it," he said. THE CANADIAN PRESS

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JENNIFER GAUTHIER/METRO

METROTALKS JOHN HORGAN

Housing will be the dominant issue in the New Democratic Party's election battle with the incumbent B.C. Liberals, Leader John Horgan tells Metro.

THE FIGHT FOR HOUSING AFFORDABILITY

Matt Kieltyka
Metro | Vancouver

Unlike his ruling political rival, B.C. New Democratic Party Leader John Horgan is ready and more than willing to use taxes in the fight against sky-rocketing costs and "rampant" offshore investment in Metro Vancouver's housing market.

Sitting down for his first editorial board meeting of the election cycle, Horgan told Metro last week that housing is the "dominant issue" of the upcoming May 9 election.

Not that this is news to anyone struggling to make ends meet in the region.

The red-hot market shows no signs of slowing down and threatens to price out more and more residents, seemingly by the day.

The benchmark price for all residential properties in Metro Vancouver is currently $889,100, up 29.7 per cent in May compared to the previous year, according to the Real Estate Board of Greater Vancouver.

An average house in the region is $1.5 million.

The price of apartments (you know, the tiny dwellings young people cram themselves into because they can't afford a detached home) has shot up 22.3 per cent, to $485,000, in the last year alone.

"We see it right around this area," Horgan says, pointing out the window of Metro's Gastown office. "The gentrification of the Downtown Eastside is designed to bring on more housing but it has not really met the test of balancing out various income groups. So wages have been stagnant for a decade and the costs have been increasing day-by-day."

The problem, in Horgan's mind, is also obvious.

"Now how did the prices get so out of whack?" he asks rhetorically. "Offshore investments. Money generated elsewhere creates an artificial expectation that the wealth, when it's expended here, is going to be distributed through the community, and it's not. Speculators are not here to put down roots. They're not here to create economic activity. They're here to make money."

British Columbia only just started collecting information on foreign ownership, and the Canada Mortgage and Housing Corporation says data at a federal level is "scarce."

The B.C. Real Estate Association, meanwhile, maintains foreign investment represents less than five per cent of Vancouver's housing market and has little bearing on affordability.

Horgan begs to differ.

"Show me the data," he demands. "They haven't been collecting the data so I don't know how they could be coming to those conclusions. Anecdotal information is rampant that this is out of control and we need to address it. And that's what I intend to do."

In March, Horgan tabled a private member's bill proposing a "housing affordability levy" set at two per cent of a home's market value.

The money collected would go into a housing affordability fund.

Aimed at speculators and foreign owners, the bill exempts permanent residents of Canada, seniors, people who pay an equal amount of income tax or those who have used the home as their primary residence for at least five years from paying the tax.

The bill — based on the work of University of British Columbia economists Tsur Somerville and Thomas Davidoff and similar to the speculation tax called for by Mayor Gregor Robertson — died on the floor, but Horgan says he'd implement it should the NDP form the next government.

"Once you put a lid on this being a safety deposit box for offshore investors, then you can start putting in place those initiatives that will create more supply, that will lead to dampening of cost increases," Horgan says. "Whether or not the numbers are two, five or 10 per cent — I think we'll clarify that closer to the election date when we have a better sense of what the budget will look like."

But when it comes to taxing the housing market, that's as far as Horgan is willing to go.

Another UBC professor, Paul Kershaw at the School of Population and Health, released a report for Generation Squeeze last month calling for additional property taxes and surcharges based on the value of people's homes.

Here, Horgan agrees with Premier Christy Clark that people shouldn't be penalized just because they've managed to purchase a home or possess so-called housing wealth.

He's also very wary of being branded as fiscally reckless by Clark during an election year.

"I think we need to dampen down the speculation element first and foremost," he says. "I don't think you should be taxing people because their home has become an enormously important asset to them. I think that's the argument that the Liberals are using to discourage any talk about taxation.

"So I think if you conflate taxing people because they have the benefit of living on wealthy real estate, or in a home that's on a piece of land that's worth a great deal, that falls right into the Liberal trap."

It's not like the Liberals have come up with a better alternative, he argues.

"To ignore the affordability challenges like the Liberals have done is not going to make it better; it's going to make it worse."

The battleground is set.

In the lead-up to the 2017 provincial election, Metro is inviting the leaders of the major parties for a sit-down editorial board meeting.

Premier Christy Clark is up next.

HORGAN ON LIBERALS AND TRANSLINK

With the region's transit plan currently stalled, Horgan calls the Liberals' handling of TransLink "a failed experiment."

Horgan believes the region's transit system and affordability crisis go hand-in-hand, so getting the Mayors' Council on Regional Transportation 10-year plan up and running should be a priority for the provincial government.

While reluctant to "grant" the mayors anything 11 months from an election, Horgan said he is willing to make concessions the Liberals aren't if he's elected premier.

"I'm inclined to give power to those that need the power to deliver the service for the people they represent, and that's not how we've been doing it," he says.

Horgan vows to hammer Liberal scandals

ETHICS

Opposition has not done enough on integrity issues: Critics

David P. Ball
Metro | Vancouver

The NDP leader vowed to rein in the influence big money wields over government, in the wake of controversies over both Premier Christy Clark and his own expensive donor events.

In an editorial meeting in Metro's offices, he said he'd cap political donations and ban corporate and union contributions. But he also pitched a citizens' assembly, like 2004's on electoral reform, to recommend fixes, potentially even a publicly funded per-vote subsidy, though Horgan wouldn't say where he stood on that idea.

"Take big money out of politics," he said. "If elected, we will do just that."

In 2013, the BC Liberals won their startling "comeback" victory after painting Horgan's predecessor Adrian Dix as inconsistent, unscrupulous and overshadowed by his involvement in the scandal-plagued 1990s administration.

John Horgan
JENNIFER GAUTHIER/METRO

Dermod Travis, executive director of Integrity B.C., said the Opposition failed to hold the government to account on its ethical record. "At times it seems like the NDP's afraid of its own shadow," he said. "With less than a year to go before the next election, if they want to be competitive, they need to hammer these issues every day."

That record, Horgan said, begins with the 2003 RCMP raids on the Legislature investigating the sale of BC Rail. Two top government staffers pleaded guilty of bribery in 2010, their legal bills paid by taxpayers.

"That was the foundation of the ethical underbelly of the BC Liberal Party," Horgan said. "I'd love to talk about the BC Rail sale, but that's past — it's over. They won."

Horgan listed off other controversies: the firing of eight health ministry researchers in 2012; the "triple-delete" scandal which saw a senior staffer charged; the 2013 "quick wins" ethnic outreach affair; and pending breach of trust charges against BC Liberal executive director Laura Miller over the deletion of sensitive Ontario government emails. In March, Miller was welcomed back as the BC Liberals' executive director.

"The fact they believe it's okay to have the head of their party under charges of breach of trust in another jurisdiction speaks to their indifference to those ethical questions," Horgan argued. "Maybe they've come to that conclusion based on research that the public doesn't care. I believe they do."

But the NDP remains haunted by its own scandals of the 1990s: the "fast ferries" debacle; ex-Premier Glen Clark's resignation over since-cleared accusations of bribery; and former party leader Adrian Dix backdating a memo in Clark's office.

"That then becomes a debate about history. I need to be debating with the Liberals about tomorrow," he said.

2017 ELECTION

The NDP has not won an election since 1996 with Glen Clark. What will you do differently this time around?

"I'm looking at what did Trudeau do that made such an impact in Eastern Canada. I want to learn from the successes of other campaigns. I'm following very closely with what is happening in the U.S. with Bernie, and I'm hopeful that I'll be able to emulate some of that. I'm going to try as hard as I can to be a populist alternative to a premier that I believe is out of touch. I want to focus not just on issues, because issues always divide people, but value-based politics. I want people to look at the two options and say, 'I think that guy is more in tune with my values.' If I can be successful in that I'll form a government, and I'm very much looking forward to that."

Trekkie picks his away team

With communicator pin fastened securely to his suit lapel, Metro asked the NDP Leader to sit down and chose his ultimate Star Trek landing party. Here's who he'd bring:

Chekov: Carole James (MLA Victoria-Beacon Hill): "Getting us there on time and on budget – that's Carole James."

Doctor: Spencer Chandra Herbert (MLA Vancouver-West End) Horgan initially named Dr. Tom Perry, former MLA for Vancouver-Point Grey and Vancouver-Little Mountain, as the real-life doctor on his landing party but contacted Metro to ask that a current MLA, Chandra Herbert, be allowed to take his place.

Engineer: Mike Farnworth (MLA Port Coquitlam) "Who solves all the problems? Well that's Mike Farnworth on my team."

Yeoman: Michelle Mungall (MLA Nelson-Creston) Horgan refers to Mungall as the co-chair of the "NDP geek caucus" and revealed that they'd tried to get work as extras on Star Trek Beyond when it filmed in Vancouver last summer.

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2016 CONSUMER SATISFACTION AWARD

Mario Danielle Andrew Bal Jimmy Charles

VANCOUVERING

The writer and his son, London, hiking a still-snowy Elfin Lakes trail (Garibaldi Provincial Park) on May 23. SUZY PATRICK/FOR METRO

Hike safely, Pack smartly

FRESH AIR

Graeme McRanor
For Metro

In the first of our new hiking column, we look at gearing up

Look closely at my giant sack.

Settle down. I'm not trying to draw your attention to a curious genetic deformity. I'm talking about the one I bring on hikes.

Yes, it's that time of year, and there's no better way to kick off the summer-trail season (and a new biweekly hiking column) than with informative piece on what to pack before you venture into the wild.

Again, look at my sizeable bag. It's right up there in the photo. This is my backpack for day hikes. There's a large camera and tripod in it, but it's also stuffed with items that I'll hopefully never need — because when wandering in the woods, one should always be prepared.

> Here's the thing: Even on well-marked trails, it's easy to get lost.

Here's the thing: Even on well-marked trails, it's easy to get lost. Especially when you're battling daylight.

Which brings us to our first tips: Make sure you have enough daylight. And before you leave, check the conditions. Tell people where you're going. And leave an itinerary.

So what to pack? I visited North Shore Rescue's website [North Shore Rescue] to get the lowdown from experts. Here's what you'll need (in addition to common sense):

Light: Headlamp or flashlight with extra batteries.

Signalling device: whistle, pencil flare or bear bangers.

Fire starter: waterproof matches, lighter.

Extra clothes: I pack a tuque, gloves, waterproof winter jacket, extra socks and use waterproof hiking boots.

Pocketknife: I use a multi-tool.

Shelter: I have an emergency thermal sleeping bag. It's orange, wind/waterproof and packs up really small.

Water: I always bring two litres and pack water-purification drops if I need to refill with creek water etc. NSR also recommends Gatorade crystals.

Food: lunch, energy bars.

Stove and fuel: This is not on NSR's list but I tote a small one with a fuel canister and emergency food in event of an overnight.

First-aid kit

Navigation: NSR recommends a good-quality compass with built-in declination adjustment and both topographical and interpretive maps.

Communications: A mobile phone. Make sure battery is charged before you go and keep it in a waterproof bag with your lighter.

Be safe and have fun out there. And don't forget bug spray and sunblock. In the coming weeks, I'll be sharing some of my favourite routes around the Lower Mainland.

If you've got a not-to-miss suggestion, I encourage you to email me at graeme.mcranor@gmail.com.

Now take a hike!

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Fire crews will be paid fairly: Premier

ALBERTA

Organization gives workers from S. Africa just $15 a day

Ryan Tumilty
Metro | Edmonton

Alberta Premier Rachel Notley said her government was "disturbed" to learn South African firefighters were being paid so little for their work on the Fort McMurray fire and her government will now ensure they are paid better.

"I can say right now that every hour that every firefighter from South Africa or anywhere else has worked on these fires will be compensated in accordance with our laws," Notley said Thursday.

According to Work on Fire — the South African organization that oversees them — the 300 firefighters who arrived in Alberta in late May were receiving just $15 per day while on the ground, with an additional $35 per day to be paid to them when they returned home.

A group of South African firefighters work to uproot a tree as they mop up hot spots in an area close to Anzac, outside of Fort McMurray on June 2. AFP/GETTY IMAGES

Notley said this is a dispute between the company and its workers, but added people working in Alberta have to be paid higher wages.

The NDP have committed to pushing Alberta's minimum wage to $15 per hour by 2018.

"It's not acceptable to me and to my government that we would have people working for wages in our province that do not align with our labour laws," she said.

REFUGEE CRISIS

Resettlement plan under budget

The first year of the Liberal government's marquee Syrian refugee resettlement program came in about $136 million under budget, the government said Thursday.

Bringing in 25,000 people between November and the end of February cost $319 million, with the biggest costs being transporting and welcoming them, figures released by the Immigration Department show.

Transportation was cheaper than expected, temporary military housing was never used and neither was a contingency fund, Immigration Minister John McCallum told a House of Commons committee in explaining the cost savings.

"The reason we spent dramatically less than we said we would is because we were dramatically efficient," he said.

The budget set out for the program last November was $678 million spread over six years. It was divided up into five phases - the first three focused on the identification, processing and transportation of refugees.

The maximum budget for those three streams was $188 million. Those phases are over and figures released Thursday estimate $108.5 million was spent.

THE CANADIAN PRESS

A Syrian family arrives at Toronto's Pearson Airport in December.
CHRIS YOUNG/THE CANADIAN PRESS

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Barack Obama endorses Clinton

U.S. ELECTION

Move an attempt to ease Bernie Sanders toward exit

The endorsement, via web video, included a forceful call for unity and for "embracing" Sanders' economic message, which has fired up much of the party. THE ASSOCIATED PRESS, GETTY IMAGES

Testifying to Hillary Clinton's grit and experience, U.S. President Barack Obama endorsed his former secretary of state's bid to succeed him on Thursday and urged Democrats to line up behind her. It was all part of a carefully orchestrated pressure campaign aimed at easing Clinton rival Bernie Sanders toward the exit and turning fully to the fight against Republican Donald Trump.

Obama's long-expected endorsement, delivered via web video, included a forceful call for unity and for "embracing" Sanders' economic message, which has fired up much of the liberal wing of his party. Obama sought to reassure Democrats that Clinton shares their values and is ready for the job.

"Look, I know how hard this job can be. That's why I know Hillary will be so good at it," Obama said. "I have seen her judgment. I have seen her toughness. I've seen her commitment to our values."

Obama's testimonial came less than an hour after the president met privately with Sanders at the White House to discuss the future of Sanders' so-called political revolution — one that will not include him taking up residence at the White House. Sanders emerged from the meeting subdued and indicated he had gotten the message.

Although he stopped short of endorsing Clinton, the Vermont senator told reporters he planned to press for his "issues" — rather than victory — at the party's July convention and would work with Clinton to defeat Trump. THE ASSOCIATED PRESS

SEXUAL ASSAULT

Stanford rape case grips U.S.

With outcry growing against those who stood by a former Stanford University swimmer who sexually assaulted an unconscious woman, a childhood friend and a high-school guidance counsellor have apologized for writing letters of support urging leniency for Brock Turner.

Brock Turner THE ASSOCIATED PRESS

The case against the one-time Olympic hopeful has gripped the country. Taking into account more than three dozen letters from character witnesses, Santa Clara County Judge Aaron Persky sentenced Turner to six months in jail and three years' probation for attacking the 23-year-old woman. Turner will serve only three months behind bars.

Defendants can solicit letters of support for judges to consider. One of them came from Kelly Owens, a counsellor at his former high school. THE ASSOCIATED PRESS

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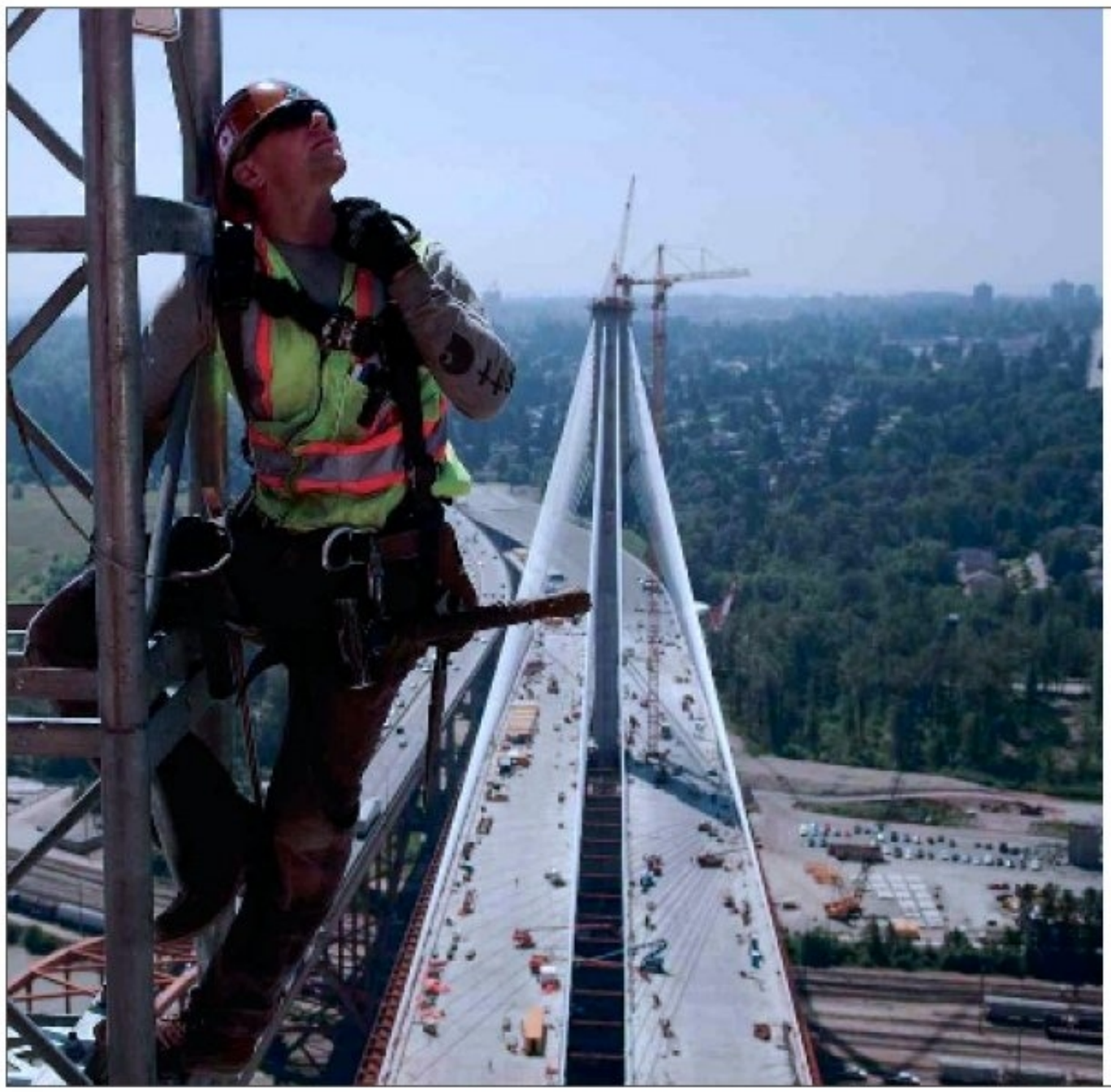

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Your essential daily news

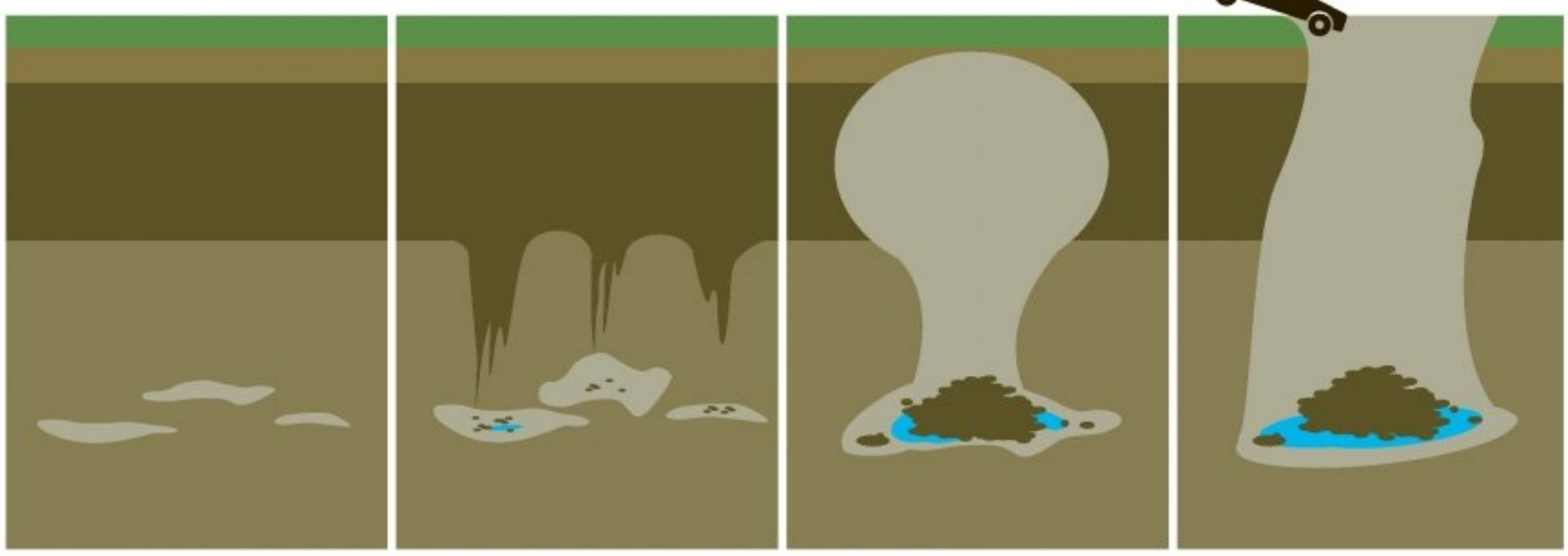
SCIENCE SAYS Weekend, June 10-12, 2016

ONE SHOT
An experimental vaccine triggers antibodies to several influenza strains — a step toward the dream of a one-time, forever flu shot.

DECODED Sinkholes

WHAT WENT DOWN IN OTTAWA?

Sinkholes that open up vast chasms in the ground — sometimes big enough to swallow cars, houses or even three-storey buildings — may seem like Mother Nature throwing a massive tantrum. But there's a science to how they form. **Here's how it works**.



HOW NATURAL SINKHOLES WORK

Sinkholes can form in lots of ways. They're especially common in areas where the bedrock contains bases like **calcium carbonate**, which react with **acid** in rainwater and groundwater. Ontario's abundant **limestone** is calcium carbonate.

Water seeps into the rock's nooks and crannies, dissolving it and opening up a cavern underground that may not be visible above.

When it gets big enough and close enough to the surface, the "roof," often made of clay or soil, can cave in, sometimes quite quickly and dramatically.

Presto: Sinkhole!

DID YOU KNOW?

Rainwater reacts with carbon dioxide in the air to form carbonic acid. **The acid in turn reacts with the calcium carbonate in the rock to form calcium bicarbonate, which dissolves easily in water**: That's how the rock is "eaten away." Incidentally, carbonic acid is also formed when carbon dioxide is dissolved under pressure in the tasty sugar-water-flavour solution we call soda pop!

SINKHOLES: OFTEN OUR FAULT

Human activity is often to blame for sinkholes: pumping of groundwater, construction of sewer lines, mining. A disturbance that prevents surface water from being able to drain away, causing it to collect underground, could be a recipe for a sinkhole. Under a downtown street in Ottawa this week, a water main broke, but it's not yet clear if the break caused the sinkhole, or the reverse.

GRAPHICS: ANDRÉS PLANA/METRO

CITIZEN SCIENTIST by Genna Buck

What happens to your body when you fast?

I don't eat or drink from dawn to sunset during the month of Ramadan. Is it bad for me? — Reena, Vancouver

First of all, Ramadan kareem! I hope you have a great holiday season. Secondly, good news: For most healthy adults, short-term fasting is considered safe, and, as observant Muslims know, pregnant and nursing women, small children, and people too sick or frail to fast are exempted.

Anybody with a medical condition like diabetes needs a doctor's OK before fasting.

But even non-diabetics can feel the effects of low blood sugar during fasting. Your body's first-choice energy source is glucose from carbs. Without it, you can adapt by burning fats and proteins, but some people experience shakes, weakness, and a touch of brain fog even so.

You may have also heard fasting is good for you. As usual, it's complicated. It's NOT true fasting "detoxifies" the body. You have a liver. You have kidneys. That's what they do!

Also: Fasting, somewhat contrarily to common sense, might not help you lose weight. Studies show most people lose a couple pounds during Ramadan, but gain it back two weeks after. Some even report weight gain, possibly from holiday feasting and over-compensating at night.

It's been known for decades that many animals live much longer if they're kept on a very low-calorie diet indefinitely, and it seems that intermittent, regular fasting for a few days a month has the same benefit. But the phenomenon is not as well-established in monkeys or humans.

There has been research showing people who fast periodically have markers of physiological health, like less tummy flab and more stem cells in the blood. But there isn't convincing evidence any kind of fasting helps you live longer as compared to a healthy, balanced diet (she writes with a sigh of relief).

Science Question? Tweet @genna_buck

FINDINGS
Your week in science

PUBLIC ENEMY #1
History's biggest villain is very tiny. A new analysis of DNA from 178 people buried in mass graves suggests just one strain of Y. pestis, the bacteria that causes bubonic plague, caused European pandemics of the sixth to 18th centuries, including the Black Death. In the 19th century, it spread to Asia and around the world.

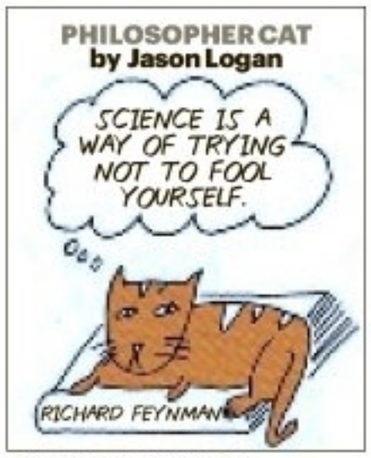
SLACKING: OFF
A University of Waterloo team has designed a wearable gadget to keep people working at standing desks from spending too much time on social media. Sites like Facebook and Twitter stay locked unless the person is in an uncomfortable position, like a lunge. The hope is that burning quads will deter employees from slacking off.

SOUND SMART

DEFINITION
Ketosis is the state you go into when you break down fat instead of carbohydrates for energy, often because of a very low-carb or low-calorie diet. Ketosis causes elevated levels of **ketones** (byproducts of fat metabolism) in your blood. It can develop into a serious illness in people with diabetes, but for others, ketosis can be useful, including to treat obesity and epilepsy.

USE IT IN A SENTENCE
"After a few days eating only meat and lettuce, you'll go into **ketosis**. It makes some people's breath smell fruity."

PHILOSOPHER CAT
by Jason Logan



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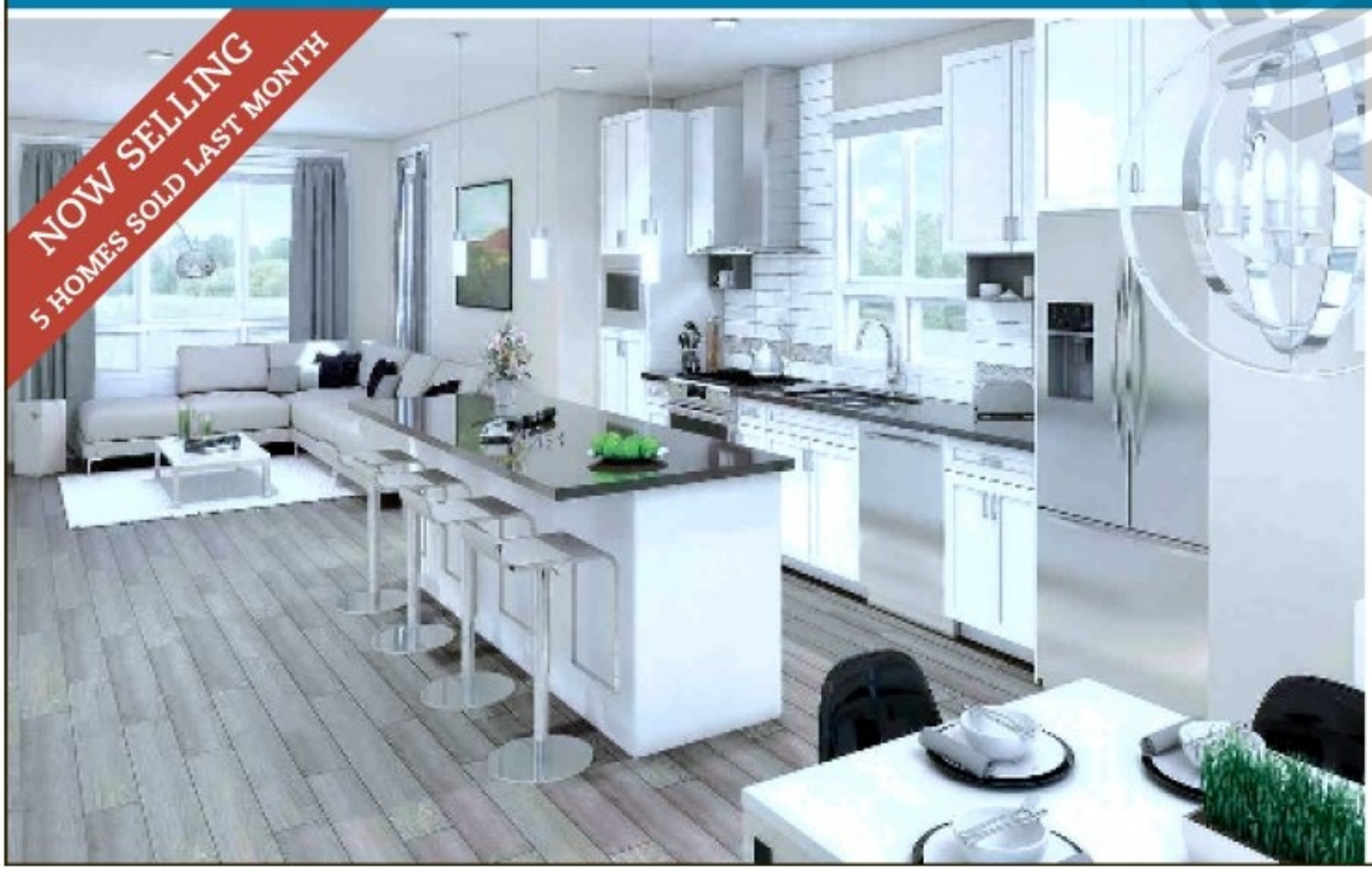

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MOVIES MUSIC TELEVISION DIGITAL

ALS awareness movies

Lou Gehrig's Disease gained a lot of attention in summer 2014 when everyone began doing the Ice Bucket Challenge. But as celebrated as that chilly viral campaign was, many people still don't understand the devastating effects amyotrophic lateral sclerosis (ALS) has on an increasing number of sufferers. As June is ALS Awareness Month, Metro looks at four films that aim to help unmask this mysterious malady. **Steve Gow** FOR METRO

CLAY TWEEL
"Without seeing these challenges, without experiencing them in a way that film engages its viewers, it would be easier for the public to ignore the plights of ALS patients and their families."

COURTESY SUZANNE ALFORD; ALL OTHER PHOTOS CONTRIBUTED

Gleason (coming out Aug. 12)

In this upcoming documentary, director Clay Tweel takes a stirring look at former NFL star Steve Gleason, 39, who was diagnosed with ALS in 2011. The film focuses on the football player's health struggles and his determination to leave a personal journal of the battle to his newborn son.

"It's a story of the triumph of the human spirit," said Tweel recently prior to the film's August release. "Hopefully our film will be a part of driving audiences to enact real change in the search for a cure or for more advanced technology to aid victims."

The Theory of Everything (2014)

He's perhaps ALS's most famous figure but Stephen Hawking has also been its most resilient. As Oscar-winning actor Eddie Redmayne demonstrated in this biopic about the famous physicist, the destructive neurodegenerative affliction may paralyze the body, but the mind is very much dynamic. Hawking has even lived over 50 years with the disorder.

Jason Becker: Not Dead Yet (2012)

A guitar protégé in the late '80s, Jason Becker quickly became an internationally-renowned virtuoso until the determined star was diagnosed with ALS — just weeks after David Lee Roth hired him as his guitarist. Twenty years on and Jason's not only alive but creating music.

The Pride of the Yankees (1942)

A year after the baseball hero's death, Gary Cooper played sports legend Lou Gehrig in this cinematic tribute to the Yankees' star (which ALS was named after). A multi-Oscar nominated film, The Pride of the Yankees may not have demonstrated the full brutality of the disease, but it was surely the first to expose it to the mass audiences.

Demon-hunting duo is back

THE CONJURING 2

The Warrens' X-File exploits perfect for spooky stories

Richard Crouse
For Metro Canada

Patrick Wilson and Vera Farmiga portray real-life husband-and-wife demonologists Ed and Lorraine Warren in the supernatural thriller The Conjuring 2. CONTRIBUTED

If self-described "demonologists, ghost hunters and kooks" Ed and Lorraine Warren didn't really exist, Hollywood would have invented them.

In addition to investigating 10,000 cases of paranormal activity, they founded the New England Society for Psychic Research, authored three books about their ghostly exploits and were the proprietors of Warren's Occult Museum in Monroe, Conn.

They are colourful eccentrics whose wild exploits are perfect big-screen fodder.

Patrick Wilson and Vera Farmiga played them in 2013's The Conjuring. Based on a real-life haunted house in Rhode Island, it comes complete with slamming doors, someone or something goosing family members in their sleep and the smell of rotten meat.

Directed by Saw co-creator James Wan, it's a mashup of The Exorcist and a particularly unnerving episode of Ghost Hunters.

The demon-hunting duo are back in theatres in The Conjuring 2. This time they're looking into the Enfield Poltergeist incident. Instead of a ghost in a house, malevolent spirits possess young children who speak in strange voices, levitate and do all manner of spooky things.

"I've known about them since I was pretty young, back in high school," Wan says of the Warrens.

"I was fascinated by what they did and who they are. I've sort of kept them in my peripheral all these years, and I've always thought their life stories would make a very interesting movie."

The Conjuring films are scary but they're not the only supernatural cases the Warrens investigated that went on to get the big-screen treatment.

Annabelle, a 2014 prequel to The Conjuring, proves you can't keep a good doll down. It tells the story of Annabelle, that movie's creepy, possessed dolly before she was safely locked away in Warren's Occult Museum. Echoes of Rosemary's Baby and Repulsion reverberate throughout the movie's low-key weird atmosphere.

The Warrens' much-documented Carmen Snedeker situation gave us The Haunting in Connecticut. In a disturbing flick, evil forces torment the Snedekers after they move into a converted funeral home in Southington, Conn. In the real-life 1986 event, the Warrens were called in and declared the Snedeker house to be crawling with demons, the result of former funeral home workers practising necrophilia.

How accurate was the movie?

"I was also told about scratching on the walls, blood and séances," Lorraine told MyRecordJournal.com.

"That isn't the type of thing ... occurring within the house at all. The movie is very, very loosely based on the actual investigation."

But the couple's most celebrated case happened at 112 Ocean Ave. in Amityville, Long Island. Known as The Amityville Horror, their look into the Lutz family's outrageous claims of supernatural terror after moving into the large house where Ronald DeFeo, Jr. shot and killed six members of his family, has been the subject of 10 movies and a number of books.

MOVIE RATINGS by Richard Crouse

Now You See Me 2	★★★
Warcraft	★
Maggie's Plan	★★★

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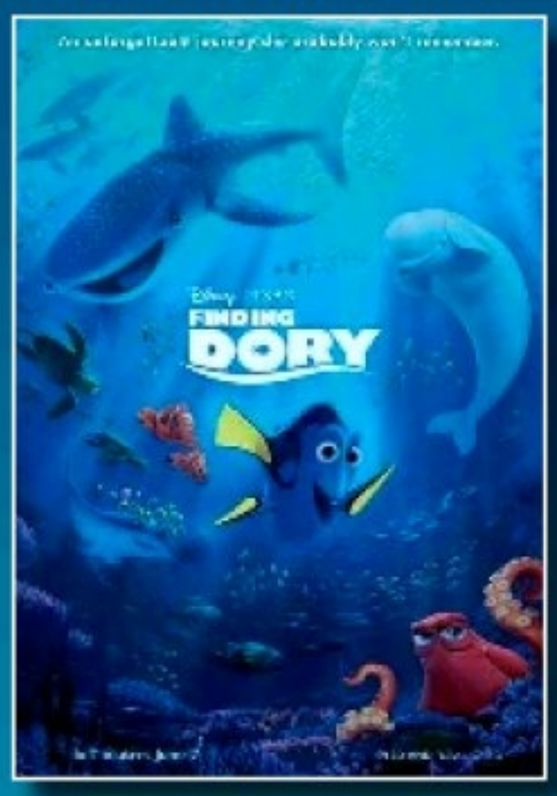

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The Tahltan First Nation in Northern B.C. describe their territory as Koneline (pronounced ko-nuh-lee-nay), which means 'our land beautiful. From top left: Oscar Dennis runs his dogs across Tahltan territory; The ecstasy of stickgambling; Dancing with the North West Transmission Line.
COURTESY CANADA WILD PRODUCTIONS

Koneline not a pushy environmental film

DOCUMENTARY

Filmmaker aims to touch audience with art, not dogma

Steve Gow
For Metro

The documentary Koneline: Our Land Beautiful is often misrepresented by the media, but that's just fine with filmmaker Nettie Wild. She wouldn't want the movie to fit into a neat little box, anyhow.

"A lot of the media, because they have a short amount of time to grasp the story and even shorter amount of time to write it, it all comes down to Indians versus miners," said Wild of her acclaimed environmental epic.

"You just go, 'Man, I just spent four years actually trying to loosen that paradigm up.'"

Instead, Wild focuses on the dynamic "cinematic poetry" of the remote Tahltan territory in northern British Columbia where the impact of arriving mining interests and their infrastructure are affecting First Nations, environmentalists and the drillers and miners in equal measure.

In fact, the stunning movie's polemically absent approach is surprising audiences enough to earn Wild the top prize at North America's largest documentary film festival, Hot Docs — with its artistic take on environmentalism and the surprising contradictions that lie at the heart of such matters.

"There's just a hell of a lot of rhetoric flying around and I think it's dangerous," explained Wild of the perils of pushy, alienating environmental messages in movies.

"I figured the one thing I could contribute was art and that it's possible if you can create a sensuous, visceral experience for people they might get something that they're not getting through the rhetoric."

It's not that Wild doesn't feel there is a place for activism in cinema.

In fact, her previous films — like the award-winning A Rustling of Leaves — have taken her to the front lines of armed rebellions and native blockades. But Wild is also convinced that the times, they are a-changin'.

"I think people are so tired of the doom and gloom scenario," stated Wild.

"I'm hoping that in these times, this idea of using a different way of storytelling is going to resonate and it's going to touch more people and it's going to pull diamond drillers and linemen into the cinema as well as people who see themselves as environmentalists."

CHOREOGRAPHY

Hydro infrastructure is poetry on screen

A scene that is shocking audiences features workers outfitting 16,000-pound transmission lines, each flown in, dangling from the world's largest helicopters.

"I thought I'd died and went to filmmaker heaven," laughed Wild, who filmed the event on stunning 4K cameras.

"It was beautiful. It was like a choreography that we'd never seen before (so) we kind of went 'Bingo, that's where we want to go.'" METRO

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The U.S. Smithsonian's National Portrait Gallery will honour Muhammad Ali

A few novel experiences

Just as certain books can leave strong impressions on us, so too can the experience of travelling to new places — and sometimes it is the books we read that inspire us to seek out new faces and landscapes. Canadian author, journalist, travel writer, essayist and critic Bert Archer shares the novels whose words propelled him to travel to the destinations where the stories took place.

Bert Archer
For Torstar News Service

The novels Bert Archer has read have taken him everywhere, including small fishing villages in Newfoundland.
BERT ARCHER/FOR TORSTAR NEWS SERVICE

Buenos Aires

I'm sitting in the window of my friend's Manhattan apartment, down for a visit from U of T, just into my 20s. Someone left a paperback on the floor by Silvina Ocampo. It's a collection called Leopoldina's Dream.

It's late morning, the sun just catching my toes as I wedge myself in. By the time I put the book down, there's a glare in my eyes, my feet are numb. I've never read anything like Ocampo's genteel characters and living rooms, seeded with dark strangenesses that sprouted off the pages to infest my own twilit room.

Though I never felt moved to read more of her work, I knew I had to go to Buenos Aires, the city that formed this remarkable voice.

By the time I finally made it, the spell Ocampo had cast had taken root. When I stopped by chance into Cafe La Biela, saw the pictures behind the bar taken by Ocampo's husband, watched people on the terrace as they watched people streaming to the Recoleta Cemetery, and stumbled on Ocampo's grave, it no longer seemed she had made much of her strangeness up.

Paris

Though it's not unusual for a book to move you, books that physically propel you are rare. But when they do, they can do so powerfully, obsessively.

I had been to Paris already when I read Cyril Collard, for instance. But the city in Condamné amour and Les nuits fauves convinced me I hadn't really seen it. These novels about a young, good-looking bisexual man with AIDS drew out a Paris of prejudice and passion, of West African banlieues and North African lovers, a Paris that still throbbed with the sorts of stories I'd seen embalmed in the Tuileries.

I went back to Paris five years later, and on that as on every subsequent trip back, it's Collard's Paris I've visited.

Norway

Norway didn't occupy even a corner of my consciousness before starting to read Karl Ove Knausgaard's My Struggle. But the personal and emotional specificity that's the heart of the memoir spilled over into the geography and hooked me.

So I took the Hurtigruten, a hybrid of a ferry and a cruise ship, down the Norwegian coast to see as many of the sorts of small towns that he described growing up in as I could. They were sombre and well cared for, the people a hybrid themselves of prosperous and rural, everything imbued with and encompassed by Knausgaard.

Newfoundland

Newfoundland literature fishes in very deep seas, creating a plenitude of its own out of the Winters (Kathleen and Michael), Lisa Moore, Ken Babstock, George Murray, Elisabeth de Mariaffi.

But the one book that set the place in my head like no other was Michael Crummey's Galore.

His epically idiosyncratic portrayal of outport life drew me to spend most of my week's trip last June in the smaller towns of the Avalon Peninsula, places such as St. Bride's and Plate Cove West, with a tour company appropriately named Wildlands.

After seven days, Galore seemed a lot less fictional than it had.

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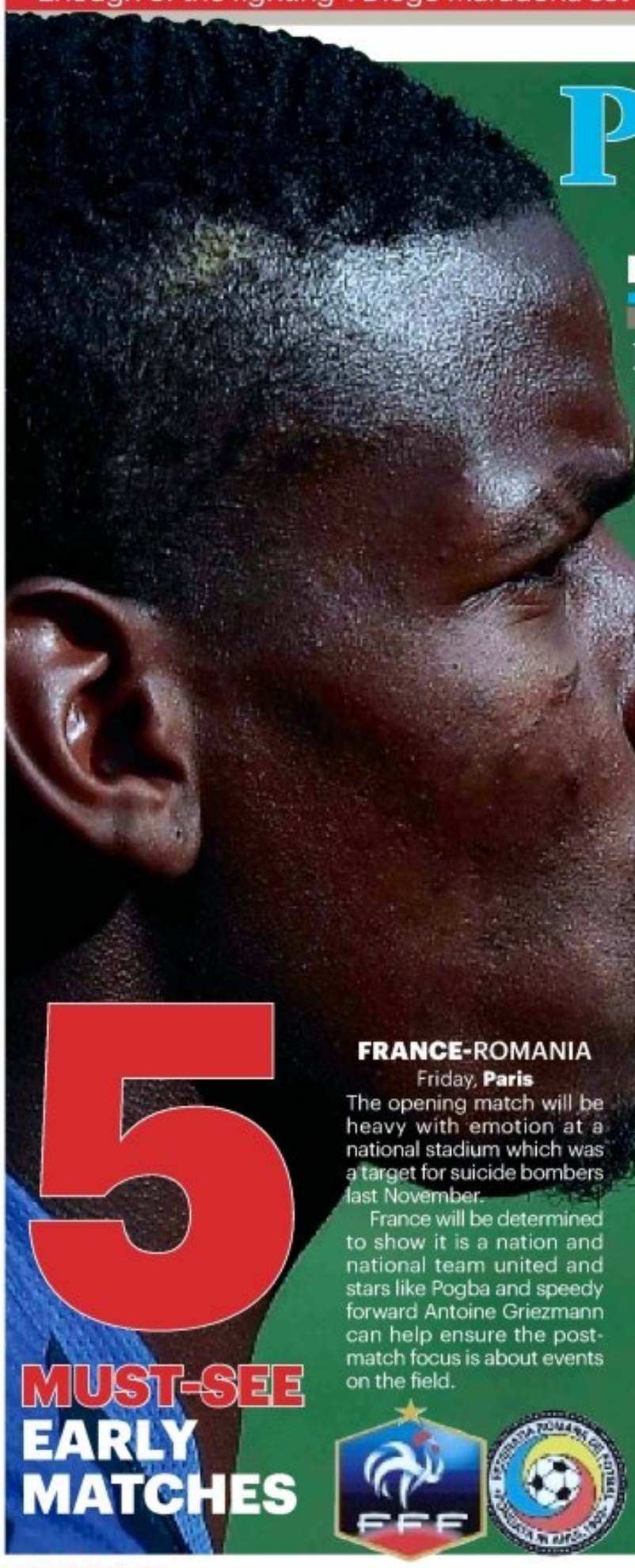
"Enough of the fighting": Diego Maradona set aside his differences with fellow all-time great Pele in Paris on Thursday



Pog-boom or bust?

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THE WAIT IS OVER

France not relying on star midfielder to be all-world

French fans pinning their hopes on Paul Pogba being the talismanic midfielder leading them to European Championship glory on home soil may have to bank on someone else.

Among the world's best and valued at 100 million euros, Pogba shines for Juventus with driving runs and spectacular goals, but rarely plays with such panache for France because coach Didier Deschamps prefers him in a far more disciplined role.

"People expect too much from Paul," Deschamps said. "People can't accept any middle ground ... but he's not going to score three goals every game."

France traditionally relies upon No. 10 playmakers for its success.

Zinedine Zidane scored two goals in the 1998 World Cup final when France beat Brazil 3-0, and the current Real Madrid coach also inspired France to reach the 2006 final. Host France won the Euro in 1984, with Michel Platini scoring nine goals in five games.

But the 23-year-old Pogba is not the same category of player.

"He is useful to the team because he's a midfielder, not a No. 10," Deschamps said, putting it bluntly.

> **He's not here to bring the crowd to their feet every time he's on the ball**
> Didier Deschamps

The paradox between Pogba's dynamic performances for Juve - 20 goals in the past two seasons — and his less expansive play for France is as striking as his inventive, razor-crafted haircuts.

His last goal for France was two years ago, and his return of five in 31 matches is substandard for a vastly talented player who is strong in the air and has a superb long shot.

Much of that is down to Deschamps, the relentlessly hard-working midfield captain from France's victorious World Cup and Euro sides of '98 and 2000.

"(Pogba's) technical ability is well above average," Deschamps said. "But he's not here to bring the crowd to their feet every time he's on the ball."

Such a statement will hardly have French fans salivating ahead of Friday's opener against Romania, but Deschamps wants Pogba to play more safely.

When France beat Cameroon 3-2 in a recent friendly, Pogba was criticized for pushing up too much and leaving France's defence exposed. He played far better in last weekend's 3-0 win against Scotland, hitting the post with a free kick, but lacklustre Scotland offered no threat.

France's other Group A opponents at Euro 2016 are Albania and Switzerland, meaning Pogba will face little competition in the midfield until the knockout stages.

Better sides such as Germany and Spain are lethal on the break when teams lose possession, meaning that Pogba's urge to push up and dribble his way out of trouble could prove problematic.

That's why Deschamps talks about "middle ground" when speaking about Pogba, because his aim is not to make him stand out but to use his considerable abilities for what's best for his team. THE ASSOCIATED PRESS

5 MUST-SEE EARLY MATCHES

FRANCE-ROMANIA
Friday, **Paris**
The opening match will be heavy with emotion at a national stadium which was a target for suicide bombers last November.

France will be determined to show it is a nation and national team united and stars like Pogba and speedy forward Antoine Griezmann can help ensure the post-match focus is about events on the field.

ALBANIA-SWISS
Saturday, **Lens**
There has never been an international match like this.

Brothers in opposition, players with club ties, and possible futures together with another national team (Kosovo) post-tournament.

Each team has a Xhaka brother — Taulant for Albania and his younger brother Granit for the Swiss— who will be the first-ever brothers in opposition at a Euros.

ENGLAND-RUSSIA
Saturday, **Marseille**
A prime-time fixture could launch a young England team into Europe's most watchable.

Few would bet on the club full of Premier Leaguers to win it all, but some might wager on them playing in the most exciting match.

Russia helped light up Euro 2008, and needs to put a dull Fabio Capello-coached era behind it.

SPAIN-CZECH REP.
Monday, **Toulouse**
Does two-time defending champion Spain still have it?

Spain's aura of invincibility vanished two years ago, when an aging team was the first eliminated at the 2014 World Cup.

Coach Vicente del Bosque remains but the loyalty he showed some players in Brazil is over judging by his squad selection.

BELGIUM-ITALY
Monday, **Lyon**
Europe's top team in the FIFA rankings against the perennial title hopefuls.

No. 2-ranked Belgium has been a fashionable choice for years with its golden generation of players.

Star Belgians like Eden Hazard have much to prove and the Italians are an essential chapter of every tournament's story.
THE ASSOCIATED PRESS

FRANCK FIFE/AFP/GETTY IMAGES

LABOUR DISPUTE

Welcome to France, home of strikes and rotting trash

Uncollected trash rotting on the streets of Paris. Strikes on trains that go to the national stadium and on planes that should be carrying fans. With the eyes of Europe and the world turning to France for the European Championship, the host nation isn't putting on its best face.

A tug of war between the Socialist government and labour leaders over changes to French workplace practices is ensnaring fans hoping for a month of fine soccer and a great time.

Already Thursday, strikes threw train services to the national stadium into disarray before the opening game Friday.

> **Ruining the party ruins the image of France.**
> Patrick Kanner, French minister for towns, youth and sports

Railway and Metro authorities promised extra trains to bypass the strikers and carry 70,000 people — as many as with any normal match — to the stadium in the hours immediately before and after the game. The remaining 10,000 of the 80,000 spectators are expected to come by road.

Strikes are also planned from Saturday on the national air carrier, Air France. In swanky Paris neighbourhoods, overflowing garbage containers spewed stinking bags of trash onto the streets, uncollected by strikers.

With kick-off just a day away, both the government and labour leaders warned fans to brace for hardship. THE ASSOCIATED PRESS

Still some bite left

STANLEY CUP FINAL

Sharks shake off Penguins' push to title

The Stanley Cup final is going back to California.

The San Jose Sharks avoided elimination in Game 5 on Thursday night, topping the Pittsburgh Penguins 4-2 at Consol Energy Center. Martin Jones made 44 saves and the Sharks scored three first-period goals, including the eventual winner from Melker Karlsson.

Brent Burns, Logan Couture and Joe Pavelski, into an empty net, also scored for San Jose. Evgeni Malkin and Carl Hagelin found the back of the net for the Penguins, who outshot San Jose 46-22. Matt Murray turned aside 18-of-21 shots in a losing effort.

Game 6 is set for Sunday night at SAP Center in San Jose with the Penguins still leading the best-of-seven series 3-2.

The Sharks are trying to join the 1942 Toronto Maple Leafs and become the second team in NHL history to overcome a 3-1 deficit in the final.

Joe Pavelski got his first goal and point of the series Thursday. GETTY IMAGES

"Weren't we counted out in the first round?" Sharks defenceman Marc-Edouard Vlasic said of a comeback before the game. "Nobody had us beating L.A."

The Sharks got the start they were after in Game 5.

Burns fired a shot shortside and high on Murray 64 seconds into the first as San Jose landed the first goal in the final for the first time. It was the Sharks' first shot of the night and first goal of the series for Burns. The goal also looked remarkably similar to Joonas Donskoi's overtime winner in Game 3.

GAME 5 in Pittsburgh

San Jose continued to buzz and inched its lead to 2-0 less than two minutes later when a Justin Braun point shot was deflected by Couture, the leading scorer this post-season.

Sharks coach Pete DeBoer described scoring first as the biggest fix required of his team in Game 5.

Less than two minutes after the goal from Couture, Malkin struck with his second power-play goal in as many games.

It was tied 2-2 just 22 seconds later when Hagelin deflected a Nick Bonino shot, Bonino thwarting an exit feed from Sharks defenceman Brenden Dillon before sending it on net.

THE CANADIAN PRESS

LPGA HENDO ACES HIGH

Just three holes into her round, Brooke Henderson could tell she needed a spark.

Her fourth career hole-in-one and a new car — to be donated to her caddie sister Brittany — did more than enough.

Buoyed by the early ace and birdies on her final two holes, Henderson took the early lead Thursday in the Women's PGA Championship, the second of the LPGA Tour's five major championships.

The 18-year-old Canadian, ranked fourth in the world, had a 4-under 67 on a cool day in Sammamish, Wash.

JEFF GROSS/GETTY IMAGES

IN BRIEF

Cudmore named captain

Jamie Cudmore will captain the Canadian men's rugby team in Saturday's test match against Japan at B.C. Place.

Head coach Mark Anscombe named seven other players who suited up for Canada at the 2015 Rugby World Cup to his first starting 15 since taking over the job in March, while the remaining seven took part in the recent 2016 Americas Rugby Championship.

THE CANADIAN PRESS

Young Quantrill a Padre

Right-handed pitcher Cal Quantrill, son of former Toronto Blue Jays reliever Paul Quantrill, became the second highest Canadian ever chosen in the MLB draft when the San Diego Padres selected him eighth overall on Thursday night.

THE CANADIAN PRESS

No Wimbledon for Nadal

Rafael Nadal pulled out of Wimbledon on Thursday, citing the left wrist injury that forced him out of the French Open.

The two-time Wimbledon champion made the decision after his latest medical results. THE ASSOCIATED PRESS

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RECIPE Avocado Egg Salad

PHOTO: MAYA VISNYEI

Ceri Marsh & Laura Keogh
For Metro Canada

This recipe omits mayonnaise making it a healthier option but don't worry about missing your favorite condiment because the addition of creamy avocado makes this egg salad next level delicious.

Ready in
Prep time: 5 minutes
Cook time: 15 minutes

Ingredients
- 3 hard boiled eggs
- 2 avocados, pitted
- 1 Tbsp Greek yogurt
- 1 tsp lemon juice
- 2 Tbsp chives, chopped fine
- 1/4 tsp Dijon mustard
- salt and pepper to taste
- 4 to 6 slices whole grain bread

Directions

1. Place eggs in cold water and place your pot over medium high heat. Bring the water to a boil, place a lid on pot, take off the heat and set your timer to 12 minutes.
Rinse the eggs under cold water to cool them down enough to peel. Remove the shells. Roughly chop the boiled eggs.

2. In a large bowl, mash up your ripe avocados. They don't have to be a purée, just break them down into chunks.

3. Add the chopped eggs, lemon juice, chives, Dijon and give it all a good mix. Taste a bit and see how much salt and pepper you want to add.

4. Spread your mixture on sandwich bread and anything else you like - tomatoes, lettuce, sliced cucumber.

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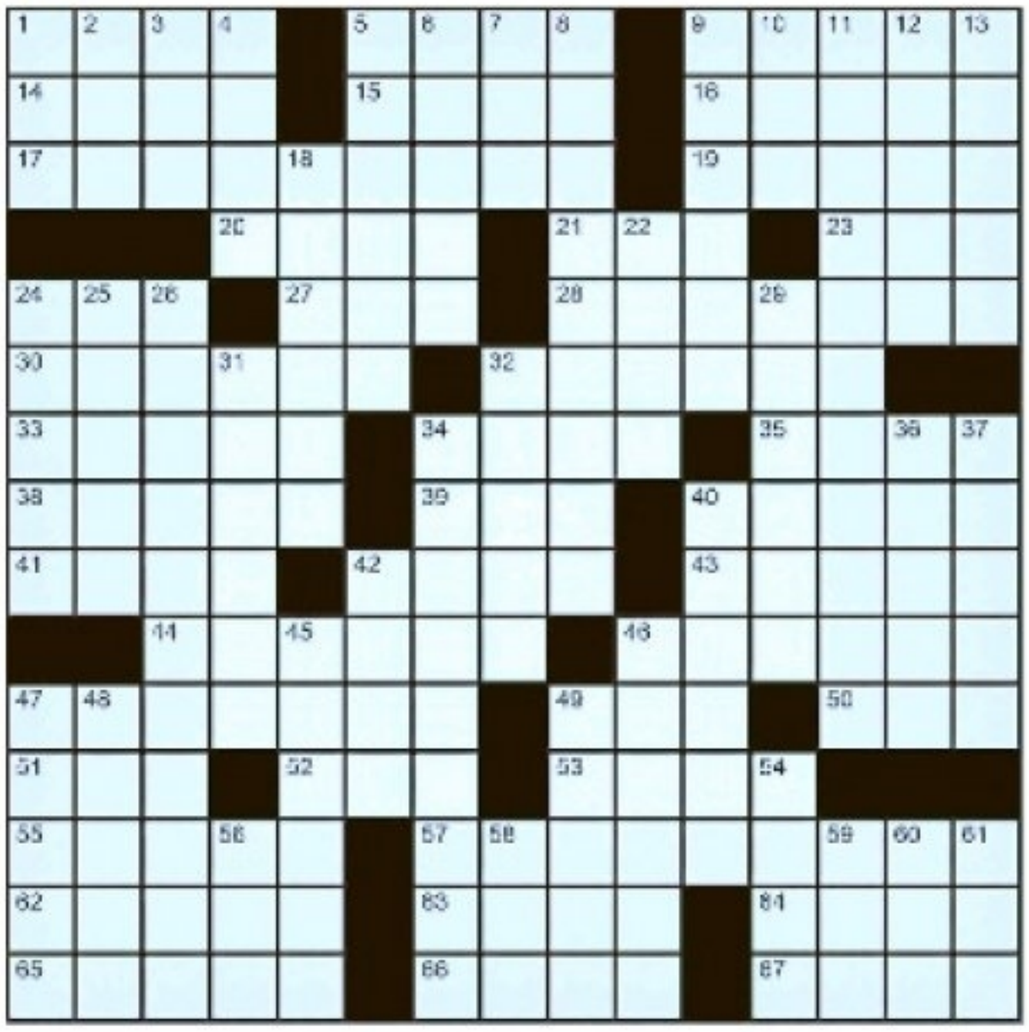
CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN



ACROSS
1. Axillary
5. Sweat-less toiletry
9. "Heroes" singer David (Father of Duncan Jones, director of #28-Across)
14. __ Nobis Pacem (Latin for 'give us peace')
15. Columbus, __
16. Equally peculiar: 2 wds.
17. Beach protectant
19. 'The King' of France: 2 mots
20. Mama's man
21. "Volare (__ Blu Dipinto Di Blu)"
23. Li'l Round Table title
24. Cleave
27. Clear
28. World in new fantasy/action flick "Warcraft" (2016)
30. Left
32. Elizabeth Taylor's 2x hubby Richard
33. Maps book
34. Large, informally
35. Jaunt
38. Ancient Greek city-state
39. Shakespearean suffix
40. Rock
41. Foul food
42. Coin insert place
43. Terminate
44. Canadian bakery since 1882
46. Sensitive
47. Revolved as the Moon around the Earth
49. Fasten
50. Holy ones [abbr.]
51. Old French coin
52. __, May, June...
53. Alter
55. Helpful, as a gadget
57. __ hearts (In-a-jar grocery purchase)
62. Microphone pro on stage
63. Slight
64. Phone button 0's letters
65. Peter of Peter and Gordon
66. Keen
67. Phoned

DOWN
1. Magazine pages, e.g.
2. Mr. Ferrigno
3. Ms. Landers
4. Grate
5. Sluggish
6. Leading
7. Make up stuff
8. Son of Queen Victoria who was Governor General of Canada from 1911 to 1916: Prince Arthur, 1st Duke of __ and Strathearn (b.1850 - d.1942)
9. The National __ of Canada
10. 'Lact' suffix
11. What city construction crews do at times: 3 wds.
12. Aerosmith's "__ Want to Miss a Thing"
13. The Age of Innocence novelist Ms. Wharton
18. Soap brand
22. Poet Mr. Pound
24. Bunches
25. Glorify
26. Rural town in southern Saskatchewan that's about 40 minutes from the Montana border ...sounds like a cluster of weeping trees?: 2 wds.
29. Decayed
31. Taiwan's capital
32. Back at the track: 2 wds
34. TV: Soap opera component
36. Map detail
37. Equals
40. Beautiful, as landscape
42. Dance move
45. One not leaving, say
46. Cleaned up
47. Ice Cube, aka __ Jackson
48. Wanders
49. Laboratory: __ dish
54. Thunder god
56. "Mr. D" on CBC star Gerry
58. Title for Jesse Jackson [abbr.]
59. __-locka, Florida
60. "Jeopardy!" champ Mr. Jennings
61. Work unit

IT'S ALL IN THE STARS Your daily horoscope by Francis Drake

Aries March 21 - April 20
You might focus on a pet today or deal with its needs. In the bigger picture, you want to get better organized and be more efficient about everything.

Taurus April 21 - May 21
This is a playful day! (How perfect — it's Friday!) Take a minivacation. Enjoy flirtations, fun and adventure, sports events, musical performances and playful times with children.

Gemini May 22 - June 21
Home, family and your private life are your primary focus today. A conversation with a female relative might be significant. If possible, enjoy cocooning at home.

Cancer June 22 - July 23
You're on the go! Short trips and a chance to see new places and talk to new faces will please you. Trust your hunches.

Leo July 24 - Aug. 23
Financial issues are important today. This is a good day for business and commerce. You will want to take care of what you own by repairing or cleaning it. (Good idea.)

Virgo Aug. 24 - Sept. 23
The Moon is in your sign today, which will bring you a bit of extra good luck. However, it also can make you more emotional than usual. Stay chill.

Libra Sept. 24 - Oct. 23
You will prefer working alone or behind the scenes today, because you need a little peace and quiet. However, if you get a chance to travel, grab it!

Scorpio Oct. 24 - Nov. 22
A discussion with a female acquaintance will be significant today. You might want to share your hopes and dreams for the future with someone. (This is a good idea, because this person's feedback will help you.)

Sagittarius Nov. 23 - Dec. 21
Personal details about your private life are made public today. (Quite likely, you are aware of this.) Don't worry; it's not something to be concerned about.

Capricorn Dec. 22 - Jan. 20
Do something different today, because you want to expand your horizons and experience adventure! Ideally, you want to learn something new.

Aquarius Jan. 21 - Feb. 19
Discussions about shared property, inheritances, taxes and debt will be prominent today. You might focus on the wealth of someone else; you might envy it.

Pisces
Feb. 20 - March 20
Today the Moon is opposite your sign, which means you have to compromise and go more than halfway when meeting others. This is minor, but it's there.

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9

4			3		2	6		8
		5						
6				8			9	
5				6				1
		2				4		
8				9				5
	7			5				9
						5		
9		4	1		8			3

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YESTERDAY'S ANSWERS

Your daily crossword and Sudoku answers from the play page.

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2	8	7	5	6	9	4	3	1
4	1	9	7	2	3	8	5	6
6	3	5	8	4	1	2	7	9
8	9	3	2	1	6	5	4	7
5	2	6	9	7	4	3	1	8
7	4	1	3	8	5	9	6	2
9	7	4	6	3	2	1	8	5
3	5	8	1	9	7	6	2	4
1	6	2	4	5	8	7	9	3

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